

FEBRUARY 2026 NEWSLETTER

Promoting access to justice, safeguarding communities, and amplifying voices.



MESSAGE FROM THE EXECUTIVE DIRECTOR

Every month reinforces our commitment to advancing the rights, dignity, and wellbeing of women and girls.

February was a powerful reflection of this commitment. Through our programs and partnerships, we continued to create safe spaces for healing, strengthen community awareness, and amplify voices that are too often unheard. From supporting frontline responders who carry the emotional weight of responding to gender-based violence to celebrating moments of justice and resilience among survivors, our work remains rooted in the belief that every woman deserves safety, dignity, and access to justice.

None of these activities happened in isolation. It was made possible through the commitment of our staff, partners, supporters, and the resilient communities we serve. Your continued support strengthens our collective mission to challenge harmful norms, protect survivors, and advance gender equality.

As we move forward into International Women's Month, we remain hopeful and determined to build a society where women and girls can live free from violence, discrimination, and silence.

Bose Ironsi
Executive Director,
WRAHP, Managers of Ireti Resource Centre
Local Affiliate Partner, Safeguarding Resource and Support
Hub (RSH), Nigeria.

HIGHLIGHTS

IRETI'S DATA
BOARD

STORIES OF
IMPACT

ENGAGEMENTS

PARTNERSHIP

KNOWLEDGE
CORNER

UPCOMING
ACTIVITIES

OTHERS

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Cases received at Ireti Resource Centre in February 2026

Total Walk-in: 54



= 39



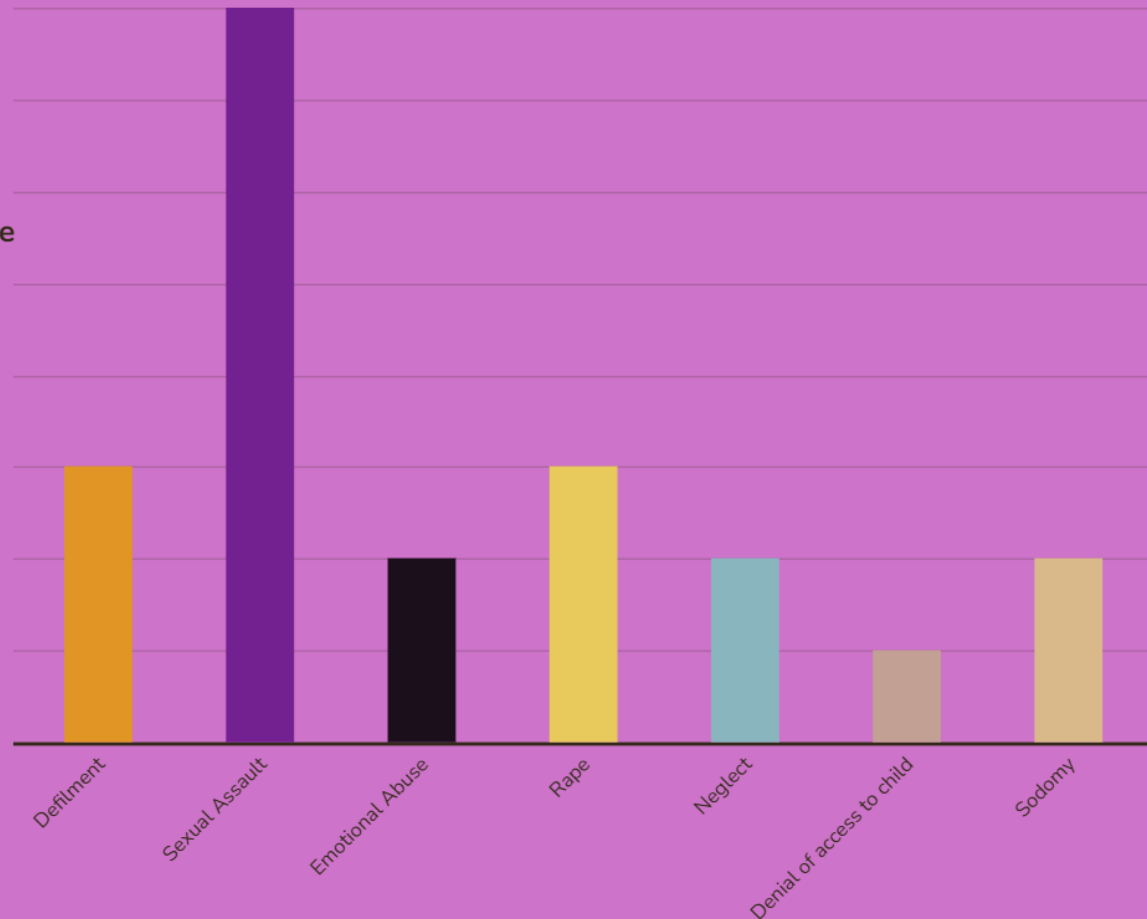
= 15

CASE BOARD

A total of 21 new cases were
received in February 2026.

Female: 19

Male: 2



WHAT THE FEBRUARY 2026 DATA SHOWS

In February 2026, the Ireti Resource Centre received 21 new cases, with women and girls accounting for 19 cases and 2 involving male survivors. Sexual assault recorded the highest number of cases, followed by rape and defilement, highlighting that sexual and gender-based violence is not sex-specific.

The data also reflects other forms of abuse, including emotional abuse, neglect, denial of access to a child, and sodomy, showing that violence occurs in many forms across our communities. However, these numbers represent only a fraction of the actual prevalence, as many survivors still face barriers to reporting due to stigma, fear, and limited access to support.

LET'S SHAME THE PERPETRATOR, NOT THE SURVIVOR!!

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STRENGTHENING THE RESILIENCE OF THE SOUL THAT SERVES IN LAGOS STATE

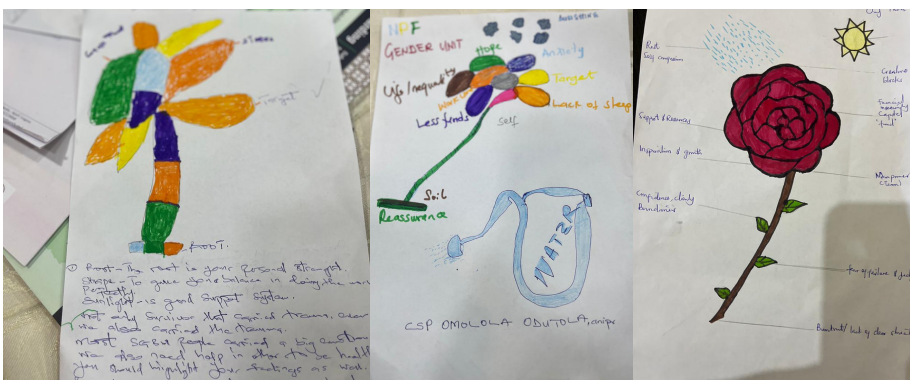
For three days in February, WRAHP created space for those who rarely get one—the SGBV frontline responders.

With the support of the African Women's Development Fund (AWDF), we convened a mental health retreat to strengthen the resilience of 18 SGBV responders in Lagos State. The participants, who included counsellors, social workers, and caseworkers who had experienced compassion fatigue, vicarious trauma, emotional boundaries, etc., received tailored psychosocial support delivered by seasoned psychotherapists.

During the retreat, the expert facilitators guided participants on grounding techniques, stress management strategies, and cognitive behavioral therapy tools to help them navigate the invisible weight of frontline work. Most importantly, they were reminded that seeking support is not a weakness; it is sustainability.

At WRAHP, we believe that protecting the well-being of responders will strengthen the entire ecosystem of survivor support.

[Click to watch the highlight.](#)



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ACTIONAID NIGERIA SELECTS WRAHP AS LEAD PARTNER ON RWVL-N PROJECT



A new milestone was achieved as WRAHP was successfully selected as a Lead Women's Rights Organization (WRO) for the Renewed Women's Voice and Leadership (RWVL) Project of ActionAid Nigeria, with support from Global Affairs Canada.

Prior to this selection, the ActionAid Nigeria team visited WRAHP's office to conduct the due diligence and Partnership Assessment and Monitoring (PAM) exercise.

The PAM exercise served as both a formal partner selection process and a comprehensive institutional capacity assessment. During the session, WRAHP's governance systems, program implementation processes, financial management structures, safeguarding policies, and organizational sustainability mechanisms were reviewed.

We are pleased to have scaled through this rigorous process. We remain committed to making more impact in this new phase.

STRENGTHENING INTERNAL SYSTEMS FOR SUSTAINABILITY



As part of its commitment to institutional growth and continuous learning, WRAHP's program manager, Francis Umoh, facilitated the monthly in-house training on NGO Sustainability and Organisational Governance. staff, volunteers, and interns on NGO Sustainability and Organizational Governance.

The session focused on strengthening staff, volunteers, and interns' understanding of key pillars that support sustainable nonprofit organizations, including strong governance structures, transparent systems, effective leadership, and diversified funding. Through interactive discussions and practical reflections, participants explored the roles of governance policies, accountability frameworks, and internal systems in ensuring organizational resilience and long-term impact.

At WRAHP, investing in staff capacity remains essential to delivering effective, accountable, and impactful programs for the communities we serve.

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PARTNERSHIP

DISABILITY INCLUSION IN CLIMATE ACTION.

WRAHP's Centre Manager, Precious Eberechukwu, represented the organization at a validation meeting on research findings focused on disability-inclusive climate change adaptation and greenhouse gas emissions in Nigeria. The meeting was convened by the Centre for Citizens with Disabilities (CCD) and brought together government agencies, civil society actors, and disability clusters.

Discussions highlighted the disproportionate impact of climate change on Persons with Disabilities (PWDs) and the urgent need for inclusive policies, accessible communication, and stronger participation of PWDs in climate governance.

For WRAHP, the engagement reinforces the importance of integrating disability inclusion across all areas of our programming and advocacy, ensuring that efforts toward justice, protection, and resilience truly leave no one behind.



EDO STATE TECHNICAL COMMITTEE INAUGURATION ON ENDING FGM



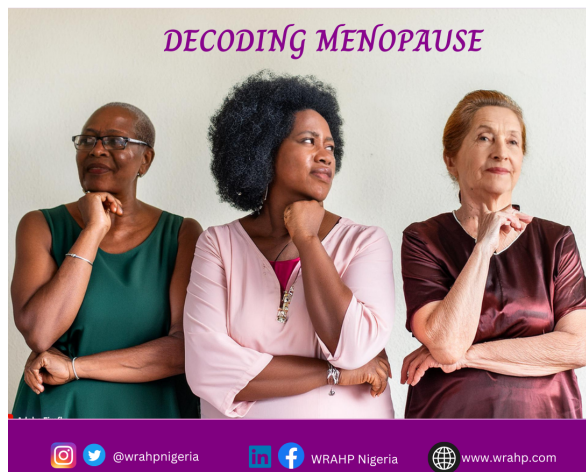
In recognition of the urgent need to end Female Genital Mutilation (FGM) and protect the rights and health of women and girls, stakeholders in Edo State recently came together to establish a dedicated State Technical Committee (STC) on FGM. This committee aims to strengthen collaborative efforts between government agencies, civil society organisations, traditional leaders, and community advocates in advancing FGM eradication across the state.

The establishment of this committee reinforces the state's commitment to zero tolerance for FGM and highlights the importance of coordinated strategies that reflect community realities and evidence-based interventions. At WRAHP, we believe that meaningful change requires collaboration, shared responsibility, and inclusive leadership, and we remain dedicated to working with all partners to eliminate FGM and ensure the dignity, safety, and well-being of all women and girls.

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KNOWLEDGE CORNER

MENOPAUSE: BREAKING THE SILENCE AROUND A NATURAL LIFE TRANSITION



Menopause is a natural biological phase in a woman's life, yet it remains one of the least discussed aspects of women's health.

Globally, over 1 billion women are expected to be in menopause by 2030. Each year, approximately 25 million women transition into menopause. In Nigeria, where women make up nearly half of the population, millions are navigating this phase often without adequate information, medical support, or social understanding.

Menopause typically occurs between the ages of 45 and 55, marking the end of menstruation. However, the transition (known as perimenopause) can begin several years earlier. During this period, women may experience symptoms such as:

- Hot flashes and night sweats
- Sleep disturbances
- Mood changes, anxiety, or depression
- Memory and concentration difficulties
- Joint pain and fatigue

Studies show that up to 75% of women experience menopausal symptoms, and about 25% report severe symptoms that significantly affect their daily lives and wellbeing.

Yet, despite its impact, menopause is rarely addressed in public health conversations, workplace policies, or community discussions. In many settings, women are expected to endure discomfort quietly. Some even face stigma, emotional isolation, or workplace bias because of symptoms that are completely natural. Menopause is not a disease. It is not a weakness. It is a life transition that deserves understanding and support.

Advancing women's rights must include advocating for:

- Increased public awareness and education on menopause
- Accessible and affordable healthcare services
- Workplace policies that support midlife women
- Community spaces where women can share experiences without shame

At WRAHP, we believe that women's health rights extend beyond reproductive years. As part of our commitment to holistic wellbeing, we created the Menopause Support Network, a safe and supportive space where women can share experiences, learn from experts, access reliable information, and connect with others going through similar transitions.

Through open conversations and shared experiences, we can break the silence and ensure that women navigating menopause feel informed, supported, and empowered because every stage of a woman's life deserves care, respect, and understanding.

Let's talk about it. Let's normalize it. Let's support women through it.

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STRENGTHENING SAFEGUARDING CULTURE

As the Local Affiliate Partner (LAP) for the Safeguarding Resource and Support Hub (RSH) Nigeria, WRAHP continues to champion safeguarding as a critical pillar of ethical and accountable programming.

WRAHP sustained its efforts to promote Protection from Sexual Exploitation, Abuse and Harassment (PSEAH) by encouraging organizations and partners to strengthen internal safeguarding systems, improve reporting pathways, and embed survivor-centred approaches within their operations.

Through our LAP role, we remain committed to supporting organizations across Nigeria to build safer workplaces and programmes where dignity, accountability, and protection are upheld.

We also continue to encourage organisations, CSOs, and development actors to enroll in the free “Safeguarding Matters” online course hosted by RSH Nigeria. The course provides practical tools to help organisations strengthen safeguarding practices and promote a culture of safety and respect.

👉 nigeria.safeguardingsupporthub.org/learning

At WRAHP, we believe that safeguarding is not optional, it is fundamental to responsible and impactful development work.



RSH E-LEARNING SAFEGUARDING MATTERS



 Access safeguarding resources
with **WRAHP**



From toolkits to training materials,
WRAHP ensures you have access to the
same high-quality resources on the RSH
Nigeria website.



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Do you know that your donation as little as #500 can help rebuild and restore hope to Survivour of SGBV?

Kindly go to any of our social media platforms @wrahpnigeria or click on this link www.wrahp.com to donate. Thank you as you support this dream of restoring hope in our communities.



WOMEN'S RIGHTS AND HEALTH PROJECT **encare** Teqbahn Labs

Have you been beaten or sexually abused?
Are you seeking support, therapy or counselling for yourself or someone you know?
Don't know what to do in case of domestic violence or child abuse?

You can reach out to us on the **ENCARE Response App**

www.encare.ng

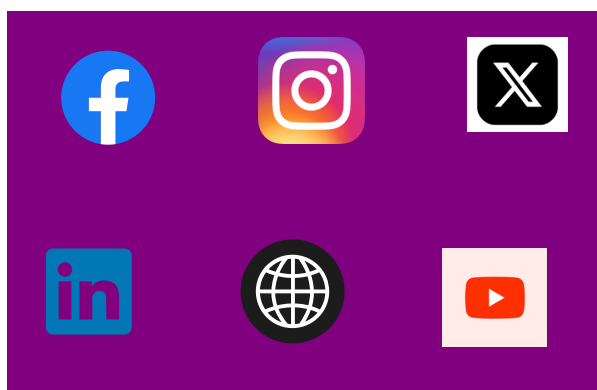
To download: go to Google Playstore or Apple Playstore

Kindly note that all cases are treated with confidentiality. For more information, kindly call: 070 0333 3111 | 091 3220 5119

SCAN TO VISIT OUR WEBSITE & SOCIAL MEDIA PLATFORMS

Report cases of SGBV via the Enacre App using www.encare.ng

CLICK THE ICONS BELOW OR SCAN THE QR CODE TO VISIT OUR SOCIAL MEDIA PLATFORMS



Upcoming Events

Stay tuned for our upcoming events:



- Safe Space Sessions
- Community Legal Clinics
- Call for Expression of Interest for CSOs on Safeguarding
- Call for Expression of Interest for Civil State Actors on Safety & Digital Protection.
- Menstrual Health and Hygiene Management in Public & Private Schools
- Training of WRAHP staff, volunteers, and interns on the interpretation of research data for programming.

**WE ARE
HIRING**
JOIN OUR TEAM

Open position (Females)

- ☒ Counsellor
- ☒ Finance Officer (Lagos State)
- ☒ Programs Officer (Lagos State)
- ☒ Communications Officer (Lagos State)
- ☒ Human Resource Officer (Lagos State)
- ☒ Interns (Multiple Roles – Lagos State / Edo State)
- ☒ Volunteers (Multiple Roles – Lagos State / Edo State)

SEND YOUR CV TO:
admin@wrahp.com

WRAHP is expanding and looking for passionate, skilled, and impact-driven individuals to join our team across multiple roles. If you're committed to advancing gender equality, human rights, and community development, we'd love to connect with you.

Send your CV with the Designation as the Subject of the Email to Admin@wrahp.com e.g; COUNSELLOR

Visit any of our social media platforms for the full details.

CALL FOR CONSULTANTS & FIELD ENUMERATORS

Mental Health Research & Legal Simplification Project

Lagos State

WRAHP invites qualified professionals and field workers to support a **mental health research project** aimed at improving service delivery and public understanding of the Lagos State Mental Health Law.

AVAILABLE ROLES		
Research Consultant	Field Enumerators	Legal Consultant
Survey Design & Analysis	Data Collection & Interviews	Mental Health Law Simplification

LOCATION REQUIREMENT

Field Enumerator applicants must reside in:

Apapa | Eti-Osa | Ikorodu | Alimosho | Badagry | Mushin | Ojo

HOW TO APPLY

Visit: <https://forms.gle/zSJuwbnQn7Noq8tx6>
Please review the requirements for your chosen role before applying.

Application Deadline: March 18, 2026

...Prioritising Health and Rights with Women and Communities

Deadline: March 18, 2026

Apply here:

<https://forms.gle/zSJuwbnQn7Noq8tx6>

Only shortlisted candidates will be contacted.

SAFETY & DIGITAL PROTECTION TRAINING

Strengthening Physical & Digital Safety for Frontline Actors

Are you an activist, journalist, or human rights defender in Edo or Lagos State, experiencing physical and/or digital threats?

Apply for a **FREE 3-Day Intensive Training**

APPLY NOW!

Deadline: 11th March, 2026

Only Shortlisted applicants will be contacted

If you are working on human rights, gender justice, accountability, anti-corruption, or community advocacy and have experienced any form of threat, this opportunity is for you.

- Location:** Lagos / Edo State
- Duration:** 3 Days
- Fully Sponsored**

Apply via the link below:

<https://forms.gle/jKK6mMvp8stqUSbz7>

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Contact Us



**Lagos Office: The Penthouse, 196 Ejigbo-Egbe Road,
Ile-Epo Bus-stop, Ejigbo, Lagos State, Nigeria .**

**Safe Space: Ireti Resource Centre: Idowu Anisere
Bus-stop, Governor Road, Ikotun, Lagos state, Nigeria.**

**Edo Office: 39, Oyiade Street off Benoni Street,
GRA Benin City, Edo State, Nigeria**



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